



HOUSTON

Provider Directory

NOVEMBER 2021

NOTICE: This directory is current as of 11/3/21. For the most up-to-date information, visit www.centerwellprimarycare.com

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CenterWell Senior Primary Care does not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-320-2188 (TTY: 711).
注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-320-2188 (TTY: 711).

CenterWell Senior Primary Care

Who we are

At CenterWell Senior Primary Care, we understand that aging often comes with unique and sometimes more complicated health challenges, so every aspect of our care model is designed with seniors in mind—fostering physical, emotional and social wellness. That’s how we define senior-focused primary care.

Every day, we come to work dedicated to providing personalized, high-quality healthcare and an excellent patient experience—to help seniors in the communities we serve live healthier, happier and more fulfilling lives.

How we’re different

We believe in a holistic approach to patient care.



Caring

- Doctors who listen with compassion
- A dedicated care team
- Personalized care plans
- Coordinated referrals



Focused

- Shorter wait times
- Unrushed appointments
- Proactive care and follow-up
- Medicare Advantage plans accepted



Accessible

- Same-day appointments
- Family-friendly exam rooms
- 24/7 phone access to Care Team
- Online medical records
- Live video visits (TeleVisits)



Convenient

- Conveniently located centers
- Free parking/Convenient parking
- On-site lab
- On-staff clinical pharmacist
- Coordination with Health Plan transportation*
- Convenient specialty network



Connected

- Extensive community partnerships
- On-site Activity Center
- Virtual education opportunities
- Year-round social programming

*when needed

Regional Medical Director



Brienne Loy, M.D.

Regional Medical Director
Houston's Market

The CenterWell Regional Medical Director (RMD) supervises health care services and monitors patient experience and health outcomes to ensure each center meets our quality of care standards. The RMD builds strong relationships with specialists and other providers focused on serving seniors to establish a referral network for patients. In addition, the RMD oversees CenterWell's wellness programming.

Dr. Brienne Loy has 16 years of experience as a board-certified physician in Family Medicine. She attended the University of Arkansas for Medical Sciences and completed her residency at St. Mary's Family Medicine in Grand Junction, Colorado.

How we help agents

In addition to putting your clients first, we help you by:

- Integrating population health analytics, social support services, and chronic care management into our care model to ultimately drive improved patient health outcomes
- Hosting and participating in senior-focused grassroots marketing and community engagement events
- Inviting you to use our activity centers to conduct educational events and sales seminars with your members and prospects

At CenterWell, we value the work that you do to guide seniors with their healthcare choices.

Insurances accepted

CenterWell is Medicare Advantage friendly!



Locations

Listed below are our 16 locations in the greater Houston area. Feel free to reach out if you have any questions or a patient referral.

Baytown

6515 Garth Road Suite 150
Baytown, TX 77521
Phone: 832-806-6810

Beaumont

4886 Dowlen Road
Beaumont, TX 77708
Phone: 409-273-7235

Conroe

381 South Loop 800 West, Suite 600
Conroe, TX 77304
Phone: 936-703-1827

Downtown East

5104 Harrisburg Blvd.
Houston, TX 77011
Phone: 832-667-4150

Emancipation (Opening soon)

3131 Emancipation Ave., Suite 100
Houston, TX 77004
Phone: 832-357-0000

Gulfgate

545 Gulfgate Center Mall
Houston, TX 77087
Phone: 281-846-7209

Hiram Clarke

4435 W Fuqua St.
Houston, TX 77045
Phone: 713-848-1910

Humble

9688 FM 1960 Bypass Rd.
Humble, TX 77338
Phone: 281-318-2401

Jacinto City

1910 John Ralston Road
Houston, TX 77013
Phone: 713-673-9000

Little York

388 W. Little York Rd.
Houston, TX 77076
Phone: 346-207-3170

Pasadena

3915 Spencer Highway
Pasadena, TX 77504
Phone: 713-265-6955

Port Arthur

8555 Memorial Blvd., Suite 100
Port Arthur, TX 77640
Phone: 409-237-6480

Sharpstown (Opening soon)

8708 Gessner Dr. Suite K
Houston, TX 77074
Phone: 832-389-5272

Sunnyside

9609 Cullen Blvd.
Houston, TX 77051
Phone: 713-848-8120

Tidwell

9417 Mesa Drive, Suite A
Houston, TX 77028
Phone: 713-848-7780

Westside (Opening soon)

11978B Westheimer Rd.
Houston, TX 77077
Phone: 346-275-6750

New patient welcome team

If your clients are interested in learning more about CenterWell, contact our representative below. We will invite them in for a tour, explain our senior-focused primary care approach, and help schedule their first appointment.

Linda Morales

Community Engagement Manager
LMorales21@centerwellprimarycare.com

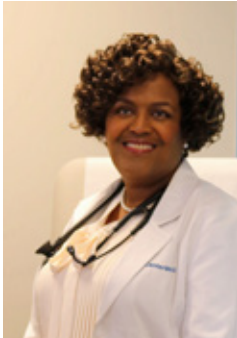
Contact the Broker Relationship Manager to learn more about setting up an "Agent of the Day" sales or education seminar at one of our centers:

Guillermo Padilla

Broker Relationship Manager
GPadilla1@centerwellprimarycare.com
832-378-2207

Baytown

6515 Garth Road Suite 150
Baytown, TX 77521
Phone: 832-806-6810



Terry S. Newman, M.D.

- Board-certified in family medicine
- 25+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	4130077
CIGNA	QMP000003362149
HUMANA	642242
IMPERIAL	1871587147
MEMORIAL	1871587147
WELLCARE	2171531

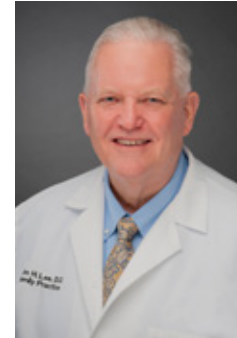


LaSondra R. Howard, APRN, FNP-C

- Family Nurse Practitioner
- 12+ years of healthcare experience
- Languages spoken: English

Beaumont

4886 Dowlen Road
Beaumont, TX 77708
Phone: 409-273-7235



John Lee, D.O.

- Board-certified in family medicine
- 35+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	in process
CIGNA	in process
HUMANA	414075
IMPERIAL	1396740353
MEMORIAL	1396740353
WELLCARE	in process

Conroe

381 South Loop 800 West, Suite 600
Conroe, TX 77304
Phone: 936-703-1827

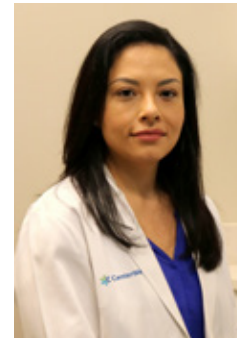


Patrice Campbell, NP

- Board-certified DNP Family Nurse Practitioner
- 15+ years of healthcare experience
- Languages spoken: English

Downtown East

5104 Harrisburg Blvd.
Houston, TX 77011
Phone: 832-667-4150



Lola Carrete, M.D.

- Board-certified in internal medicine
- 8+ years of healthcare experience
- Languages spoken: English, Spanish

MAPD#

AETNA	5507879
CIGNA	QMP000004006213
HUMANA	625775
IMPERIAL	1902244585
MEMORIAL	1902244585
WELLCARE	2326179

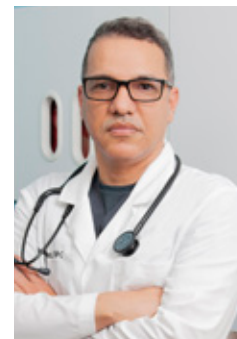


Priyanka Chakrabarti, D.O.

- Board-certified in family medicine
- 6+ years of healthcare experience
- Languages spoken: English

MAPD#

AETNA	6618944
CIGNA	QMP000004742192
HUMANA	625775
IMPERIAL	1811382310
MEMORIAL	1811382310
WELLCARE	2353735



Nelson Velazquez Liriano, MSN, FNP-C

- Family Nurse Practitioner
- 23+ years of healthcare experience
- Languages spoken: English, Spanish

Emancipation

3131 Emancipation Ave., Suite 100
Houston, TX 77004
Phone: 832-357-0000

Opening Soon!



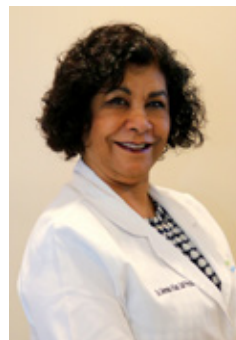
Karen Millender, M.D.

- Board-certified in family medicine
- 15+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	7195932
CIGNA	QMP000003876752
HUMANA	489863
IMPERIAL	1841392677
MEMORIAL	1841392677
WELLCARE	2457998

Hiram Clarke

4435 W Fuqua St.
Houston, TX 77045
Phone: 713-848-1910



Tehmina Khan, M.D.

- Board-certified in family medicine
- 20+ years of healthcare experience
- Languages spoken: English, Hindi, Urdu

	MAPD#
AETNA	4675968
CIGNA	QMP000004473348
HUMANA	414069
IMPERIAL	1922186014
MEMORIAL	1922186014
WELLCARE	2316481



Joel Salazar, M.D.

- Board-certified in internal medicine
- 20+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	in process
CIGNA	in process
HUMANA	414069
IMPERIAL	1407952955
MEMORIAL	1407952955
WELLCARE	2743265



Ifeoma Agu, DNP, FNP-BC

- Family Nurse Practitioner
- 10+ years of healthcare experience
- Languages spoken: English

Gulfgate

545 Gulfgate Center Mall
Houston, TX 77087
Phone: 281-846-7209



Gonzalo Ramos, M.D.

- Board-certified in internal medicine and geriatric medicine
- 18+ years of healthcare experience
- Languages spoken: English, Spanish

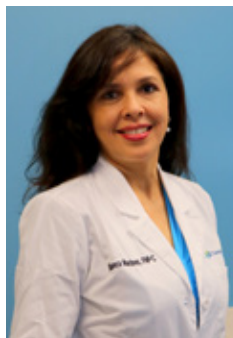
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CIGNA	QMP000002300830
HUMANA	625773
IMPERIAL	1518146851
MEMORIAL	1518146851
WELLCARE	2025415



Aracely Vasquez, M.D.

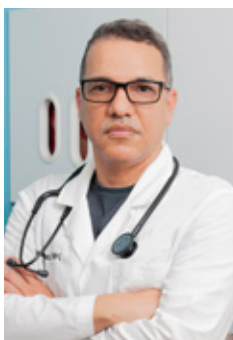
- Board-certified in internal medicine
- 7+ years of healthcare experience
- Languages spoken: English, Spanish

	MAPD#
AETNA	4773507
CIGNA	QMP000004581278
HUMANA	625773
IMPERIAL	1720407349
MEMORIAL	1720407349
WELLCARE	2035602



Blanca Martinez, FNP-C

- Family Nurse Practitioner
- 20+ years of healthcare experience
- Languages spoken: English, Spanish

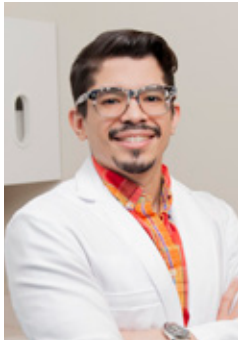


Nelson Velazquez Liriano, MSN, FNP-C

- Family Nurse Practitioner
- 23+ years of healthcare experience
- Languages spoken: English, Spanish

Jacinto City

1910 John Ralston Road
Houston, TX 77013
Phone: 713-673-9000



Adonis Castillo, M.D.

- Specialized in internal medicine
- 8+ years of healthcare experience
- Languages spoken: English, Spanish

	MAPD#
AETNA	6973894
CIGNA	QMP000004713172
HUMANA	628450
IMPERIAL	1346777158
MEMORIAL	1346777158
WELLCARE	2323438



Javier Diago-Benjumea, M.D.

- Board-certified in family medicine
- 12+ years of healthcare experience
- Languages spoken: English, Spanish

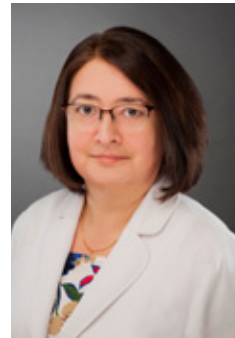
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AETNA	4999332
CIGNA	QMP000004262723
HUMANA	628450
IMPERIAL	1740587211
MEMORIAL	1740587211
WELLCARE	2443364



Jennifer Utoh, M.D.

- Board-certified in family medicine
- 6+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	6419288
CIGNA	QMP000004502132
HUMANA	628450
IMPERIAL	1770963357
MEMORIAL	1770963357
WELLCARE	2019143



Gloria Gomez, AGNP-BC

- Adult-Gerontology Primary Care Nurse Practitioner
- 20+ years of healthcare experience
- Languages spoken: English, Spanish

Humble

9688 FM 1960 Bypass Rd.
 Humble, TX 77338
 Phone: 281-318-2401



Mahveen Sohail, M.D.

- Board-certified in internal medicine and geriatric medicine
- 6+ years of healthcare experience
- Languages spoken: English, Urdu, Hindi

	MAPD#
AETNA	6221999
CIGNA	QMP000004601647
HUMANA	414074
IMPERIAL	1639565161
MEMORIAL	1639565161
WELLCARE	2540679



Patrice Campbell, NP

- Board-certified DNP Family Nurse Practitioner
- 15+ years of healthcare experience
- Languages spoken: English

Little York

388 W. Little York Rd.
 Houston, TX 77076
 Phone: 346-207-3170



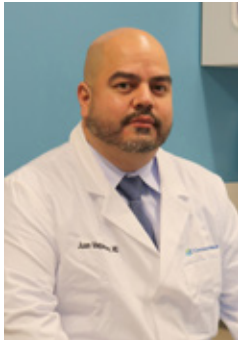
Leonel Casanova Rodriguez, M.D.

- Specialized in general practice
- 18+ years of healthcare experience
- Languages spoken: English, Spanish

	MAPD#
AETNA	In Process
CIGNA	In Process
HUMANA	489860
IMPERIAL	1144717570
MEMORIAL	1144717570
WELLCARE	2728635

Pasadena

3915 Spencer Highway
Pasadena, TX 77504
Phone: 713-265-6955



Juan Vaquerano, M.D.

- Specialized in family medicine
- 15+ years of healthcare experience
- Languages spoken: English, Spanish

	MAPD#
AETNA	4938520
CIGNA	QMP000004349850
HUMANA	625774
IMPERIAL	1578810958
MEMORIAL	1578810958
WELLCARE	1365881

Port Arthur

8555 Memorial Blvd., Suite 100
Port Arthur, TX 77640
Phone: 409-237-6480



Arnold Carothers, D.O.

- Board-certified in family medicine
- 25+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	7921423
CIGNA	QMP000002355017
HUMANA	414072
IMPERIAL	1184687394
MEMORIAL	1184687394
WELLCARE	2326143



Marden Torrijos, M.D

- Board-certified in family medicine
- 11+ years of healthcare experience
- Languages spoken: English, Spanish

	MAPD#
AETNA	In Process
CIGNA	QMP000004992957
HUMANA	625774
IMPERIAL	1598179491
MEMORIAL	1598179491
WELLCARE	In Process



Sonya Carothers, MSN, APRN, FNP-BC, NCMP

- Family Nurse Practitioner
- 13+ years of healthcare experience
- Languages spoken: English



Dalila Cordova Varela, FNP-BC

- Family Nurse Practitioner
- 14+ years of healthcare experience
- Languages spoken: English, Spanish

Sharpstown

8708 Gessner Dr. Suite K
Houston, TX 77074
Phone: 832-389-5272

Coming soon!

Sunnyside

9609 Cullen Blvd.
Houston, TX 77051
Phone: 713-848-8120



Sandra Nweke, M.D.

- Board-certified in family medicine
- 6+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	6563608
CIGNA	QMP000004704316
HUMANA	414070
IMPERIAL	1376905430
MEMORIAL	1376905430
WELLCARE	2297707



Ifeoma Ukachukwu, DNP, FNP-BC, PMHNP-BC

- Family Nurse Practitioner
- 14+ years of healthcare experience
- Languages spoken: English

Tidwell

9417 Mesa Drive, Suite A
Houston, TX 77028
Phone: 713-848-7780



Christine Johnson, M.D.

- Specialized in internal medicine
- 8+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	6270731
CIGNA	QMP000004529650
HUMANA	414071
IMPERIAL	1215370929
MEMORIAL	1215370929
WELLCARE	2302842

Benjamin Perez, AGNP-C

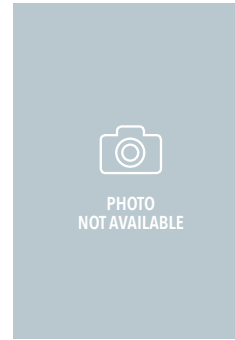
- Adult-Gerontology Nurse Practitioner
- 28+ years of healthcare experience
- Languages spoken: English, Spanish



Westside

11978B Westheimer Rd.
Houston, TX 77077
Phone: 346-275-6750

Opening Soon!



Ucheoma Nwaogwugwu, M.D.

- Board-certified in internal medicine
- 12+ years of healthcare experience
- Languages spoken: English

	MAPD#
AETNA	9347914
CIGNA	QMP000004423893
HUMANA	489861
IMPERIAL	1720234016
MEMORIAL	1720234016
WELLCARE	2542939



CenterWell

CenterWellPrimaryCare.com

